

About Our Director

Neil Pearson | PT, MSc, BA-BPHE, CYT, E-RYT500

Neil is a skilled compassionate physical therapist, an engaging expert educator, and a leader in pain management in Canada. He is also Clinical Assistant Professor at UBC, yoga therapist, author, and faculty member in international yoga therapy training programs. He is the first physical therapist to win the Excellence in Inter-Professional Pain Education Award from the Canadian Pain Society, and the founding Chair of the Canadian Physiotherapy Pain Science Division. He is a past Board member of Pain BC. In addition to his volunteer work, and offering workshops and pain science education through Canada and internationally, he has worked for the Doctors of British Columbia, teaching pain management to primary care MDs and specialists.

Awards

- 2015 Distinguished Alumni Award - Queen's University Physiotherapy Department
- 2012 Excellence Pain Interprofessional Pain Education – Canadian Pain Society
- 2010 Award of Excellence for Clinical Contribution – Physiotherapy Association of BC

Publications

- Yoga for People in Pain, chapter in Integrative Pain Management edited by Thompson & Brooks, Handspring Publishers Limited, due late 2015.
- Pearson, N, Prosko, S. Overcome Pain, Live Well Again Level 2&3 DVDs. Self published 2014.
- Pearson, N. Know Pain. Yoga Therapy Today, Summer, 2013. 14-16.

Publications

- Pearson N. Yoga and Chronic Low Back Pain. IJYT 2010, 20: 53-54.
- Pearson N, Walton D, Moseley GL, Kerr S. Support for the effectiveness of a pain neurophysiology education session delivered in a large group format. Pilot project.
- Pearson, N. Yoga For People in Pain. IJYT 18; 77-86, 2008.
- Pearson, N. Understand Pain, Live Well Again: Pain Education for Busy Clinicians and People with Persistent Pain. (CDROM/Book). Self-published. 2008.
- Pearson, N. Overcome Pain, Live Well Again. DVD. Self published 2008.
- Pearson, ND, Walmsley, RP. Trial into the effects of repeated neck retractions in normal subjects. Spine 20: 1245, 1995.
- Pearson, ND, Butcher, D, Higgs, K. The Manga Report: Managing Political Lobbying from other Health Care Professionals. APTA Conference Abstracts #4221, 1995.
- Walmsley, RP, Pearson, ND, Stymiest, P. Eccentric wrist extensor contractions and the force-velocity relationship in muscle. J Ortho Sports Phys Ther 8(5): 288-293, 1986.